

Books

Mini Shopaholic

by *Sophie Kinsella* | ★★☆☆

REVIEWED BY CLARISSA CRUZ

NOVEL

The new installment in Kinsella's popular series follows label-loving Becky and her 2-year-old in the kind of madcap adventure the former always manages to get herself into. (This time it involves an over-the-top surprise party for husband Luke.) Escapist, if slightly repetitive, fun.



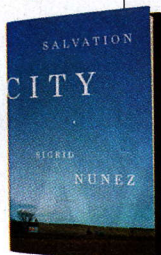
Salvation City

by *Sigrid Nunez* | ★★★★★

REVIEWED BY MEREDITH MARAN

NOVEL

The narrator of Nunez's brilliant latest is Cole Vining, a boy whose parents die in a flu pandemic, sentencing him to life with an evangelical pastor who heads a survivalist enclave. "Pastor Wyatt's hands are of a whiteness and a softness that make Cole think of milk, of goose down, of freshly washed and bleached flannel sheets," Nunez writes, evoking all that the boy has lost and yearns for. *Salvation City* isn't light reading, but it's worth the weight.



FROM TOP: BLAKE LITTLE; SARA ANNE WEISS/TARTAKS; JOHN DECKER/AP

KATHERINE SCHWARZENEGGER ON... BODY-IMAGE BUILDING



The 20-year-old daughter of Maria Shriver and Gov. Arnold Schwarzenegger hopes her book *Rock What You've Got* will help young girls love their looks.

DID YOU HAVE BODY-IMAGE PROBLEMS?

In high school I was really stressed out about it. All of a sudden, I was getting hips and a butt.

DID YOU TRY DIETS? My friends and I tried every fad diet. A girl offered to teach us how to throw up. It scared us into never thinking of doing that again.

WHAT HELPED YOU ACCEPT YOURSELF?

I talked to my mom, who'd had experiences with her own weight. And I realized it was ridiculous to compare myself to images in magazines.

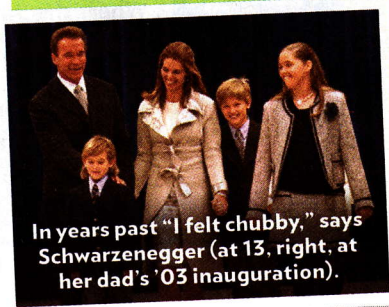
HOW DO YOU STAY IN SHAPE NOW?

Exercise. My dad and I always work out together.

—AILEEN WONG



Katherine, with mom Maria in May



In years past "I felt chubby," says Schwarzenegger (at 13, right, at her dad's '03 inauguration).